

I FEEL
SLOVENIA

JULIAN ALPS
TRIGLAV NATIONAL PARK



JULIANA TRAIL 270/16

LONG-DISTANCE HIKING TRAIL

Guidebook



JULIAN ALPS

TRIGLAV NATIONAL PARK

SLOVENIA

The unique European area of the Alps is a geographical area that remarkably enters the heart of Europe, and our Julian Alps are the soul of the continent.

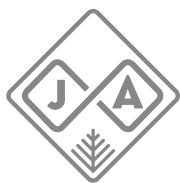
The Julian Alps and Triglav National Park are under the auspices of the UNESCO Man and the Biosphere Programme because the Julian Alps are a treasure trove of natural and cultural riches.

On the edge of the Julian Alps, our ancestors forged iron and steel, survived many centuries while grazing animals on high pastures and persisted until today.

The Julian Alps community is now more interconnected than ever before and we are creating a new sustainable future of green tourism as the opportunity for preserving cultural and natural assets of this fragile environment, where the balance between biodiversity and lifestyle has been preserved by our ancestors for centuries.

RESPONSIBLE TOURISM IS NOW THE OPPORTUNITY OF OUR GENERATION.





A trail that does not just conquer mountain tops or lead you in a respectful distance of the peaks along the edge of the Julian Alps and Triglav National Park. It takes you where you will feel the real pulse of life in the Julian Alps and learn about the rich natural and cultural heritage of this magnificent and astonishing alpine world that abounds in biodiversity.

The trail guides you through hidden and unknown places for meditation and in places with magical power (rivers, lakes, waterfalls, forests, exceptional trees, colourful flowers, rocks of unusual shapes), and in culinary, cultural, settlement and historical peculiarities.

THE JULIANA TRAIL SEEKS DIFFERENT HEROES –
THOSE THAT ASPIRE ADVANCEMENT IN THEIR
SPIRIT AS WELL AS ALTITUDE.

TECHNICAL INFORMATION:

Total length: 270 km

Number of stages: 16

Average stage length: 17,5 km (4–5 hrs)

Total difference in altitude: 7163 m ascent and 7163 m descent





JULIANA TRAIL 270/16

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JULIANA TRAIL

LONG-DISTANCE HIKING TRAIL AROUND THE JULIAN ALPS

The Juliana Trail with all its faces is a trail through diversity. The heart of the Julian Alps with high peaks and deep valleys is a panorama from the trail that surrounds our largest mountain range and Triglav National Park. It is a circular long-distance trail, 270 km long and comprises 16 stages. The latter are from 17 to 20 km long on average, and can take from 5 to 7 hours of walking per day. The daily stages are planned so that it is possible to spend the night at the place where the stage starts or ends, and where there are also options for refreshments or where hikers can also buy food and drinks. The trail starts and ends in Kranjska Gora or can be walked in any desired direction. It can be started anywhere and hikers can tailor it according to their wishes and abilities. One or two stages, or perhaps even all. In one go or over a couple of years. The Juliana Trail is designed to enable hikers to visit various sights that are close to the trail.

The Juliana Trail runs eastwards from Kranjska Gora along the Sava Dolinka River, rises three times to the sunny Karavanke and in Radovljica, the cultural capital of the Julian Alps, turns back towards the west and climbs via Bled to the embrace of the mountains, the Pokljuka and further to Bohinj. From Bohinj, it continues along the old tracks to pass over the hilly barrier which separates the north-eastern part of the Julian Alps from the milder south-western part, initially characterised by Baška grapa and along the route to Bovec by the emerald Soča River. In the last part, the Juliana Trail continues through Log pod Mangartom and across the Predel pass tries to enter the Italian side of the Julian Alps. Via Tarvisio and Rateče the trail ends its circle in Kranjska Gora.

This guidebook provides the basic data about all the 16 stages of the Juliana Trail. Hikers can use technical data about the stages, various websites and addresses to find information. Each stage provides a map and altitude profile; the map also indicates interesting sites that are further described in the text.



The Juliana Trail is marked with signposts and markers. Signposts, that are usually yellow, show the logo of the Juliana Trail, the number of the stage and the name of the place at the end or the beginning of the stage, some signposts even mention significant places along the trail. Signposts mark the trail in both directions. Besides signposts, the trail is also marked with the individually designed marker in the form of two rhombs that contain the letters **J** and **A** (Julian Alps).

The trail around the Julian Alps connects the existing trails and runs along local roads between villages, and partially along the marked hiking, tourist and other themed trails. Somewhere on the trail we should not let the red and white mountaineering markers, yellow hiking or red and black markers of the Path of Peace in the Soča Region bother us – we are on the Juliana Trail, other markers, guides and maps can only offer additional support.

The Juliana Trail runs along the UNESCO protected Julian Alps Biosphere Reserve, and around Triglav National Park, also entering it a few times. Due to the nature, exceptional landscape and cultural heritage as well as local people, we should not forget that we are only passing through this magnificent environment and that we should leave it behind us as we found it.

➞ Stage start

➞ Stage end

↔ Distance

⬆ Highest point on stage

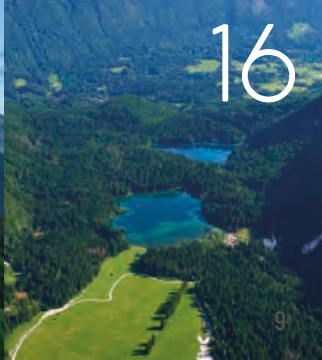
⌚ Duration

↗ Ascent

↘ Descent

⦿ Difficulty







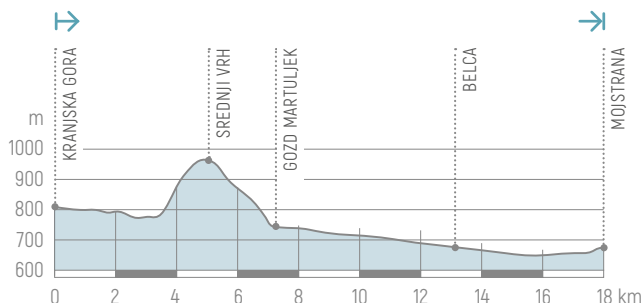


- 1 KRANJSKA GORA
- 2 MOJSTRANA
- 3 JESENICE
- 4 BEGUNJE
- 5 BLED
- 6 GORELJEK NA POKLJUKI
- 7 STARA FUŽINA
- 8 BOHINJSKA BISTRICA
- 9 PODBRDO
- 10 GRAHOVO OB BAČI
- 11 MOST NA SOČI
- 12 TOLMIN
- 13 KOBARID
- 14 BOVEC
- 15 LOG POD MANGARTOM
- 16 TRBIŽ/TARVISIO

KRANJSKA GORA–SREDNJI VRH–GOZD MARTULJEK–MOJSTRANA

- ➞ TIC Kranjska Gora
 ➞ Slovenian Alpine Museum, Mojstrana
 ↔ 18 km
 ⬆ Highest point: 970 m.a.s.l. (Srednji Vrh)

- ⌚ 5 h 30 min
 ↗ +273 m
 ↘ -447 m
 ⦿ Moderate



• Sights along the trail

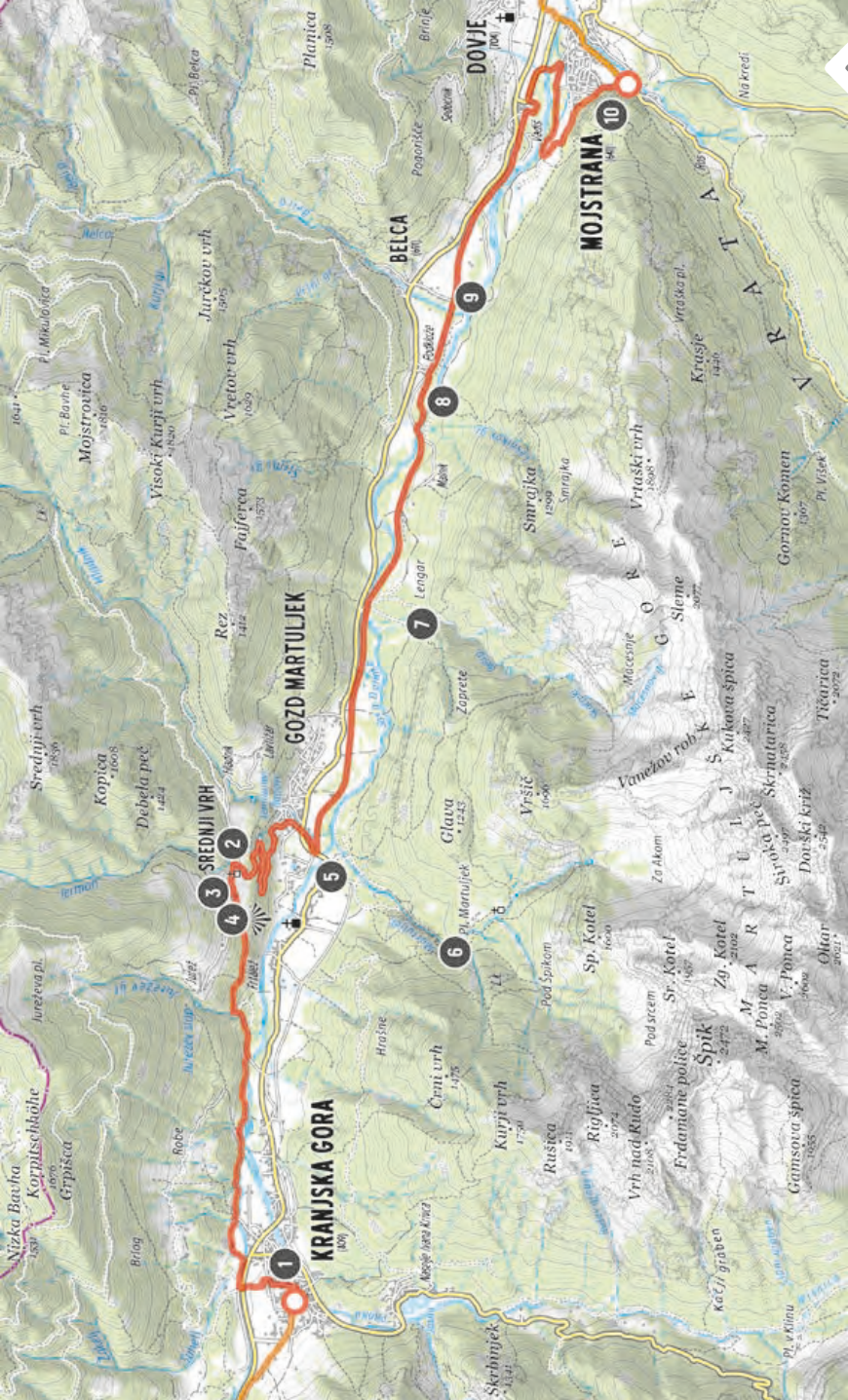
1. Liznjek House in Kranjska Gora
2. Srednji Vrh village
3. Hlebanja Homestead in Srednji Vrh
4. Martuljek mountain range with Špik – a range of mountains above Gozd Martuljek
5. Rute Forest Information Trail
6. Spodnji Martuljков slap Waterfall
7. Beli potok Brook
8. Zupanova raven Plain – protected cultural landscape on the right bank of the Sava Dolinka River
9. Sava Dolinka River
10. Grančiče nad Mojstrano

• Information: TIC Kranjska Gora, Kolodvorska ul. 1c, 4280 Kranjska Gora
 t: +386 (0)4 5809 440 • e: info@kranjska-gora.eu • www.kranjska-gora.si

• Booking: booking@juliana-trail.si • t: +386 (0)5 3029 643

• Juliana Trail on the internet:

www.julian-alps.com • www.outdooractive.com (search: Juliana Trail)



MOJSTRANA–DOVJE–PLAVŠKI ROVT–PLANINA POD GOLICO–JESENICE (STARA SAVA)

- ➞ Slovenian Alpine Museum, Mojstrana
 ➞ Zgornjesavski muzej (museum), Stara Sava, Jesenice
 ↔ 21 km
 ⬆ Highest point: 1,235 m.a.s.l. (Rogarjev rovt)

- ⌚ 6 h
 ↗ +691 m
 ↘ -784 m
 ⦿ Difficult



• Sights along the trail

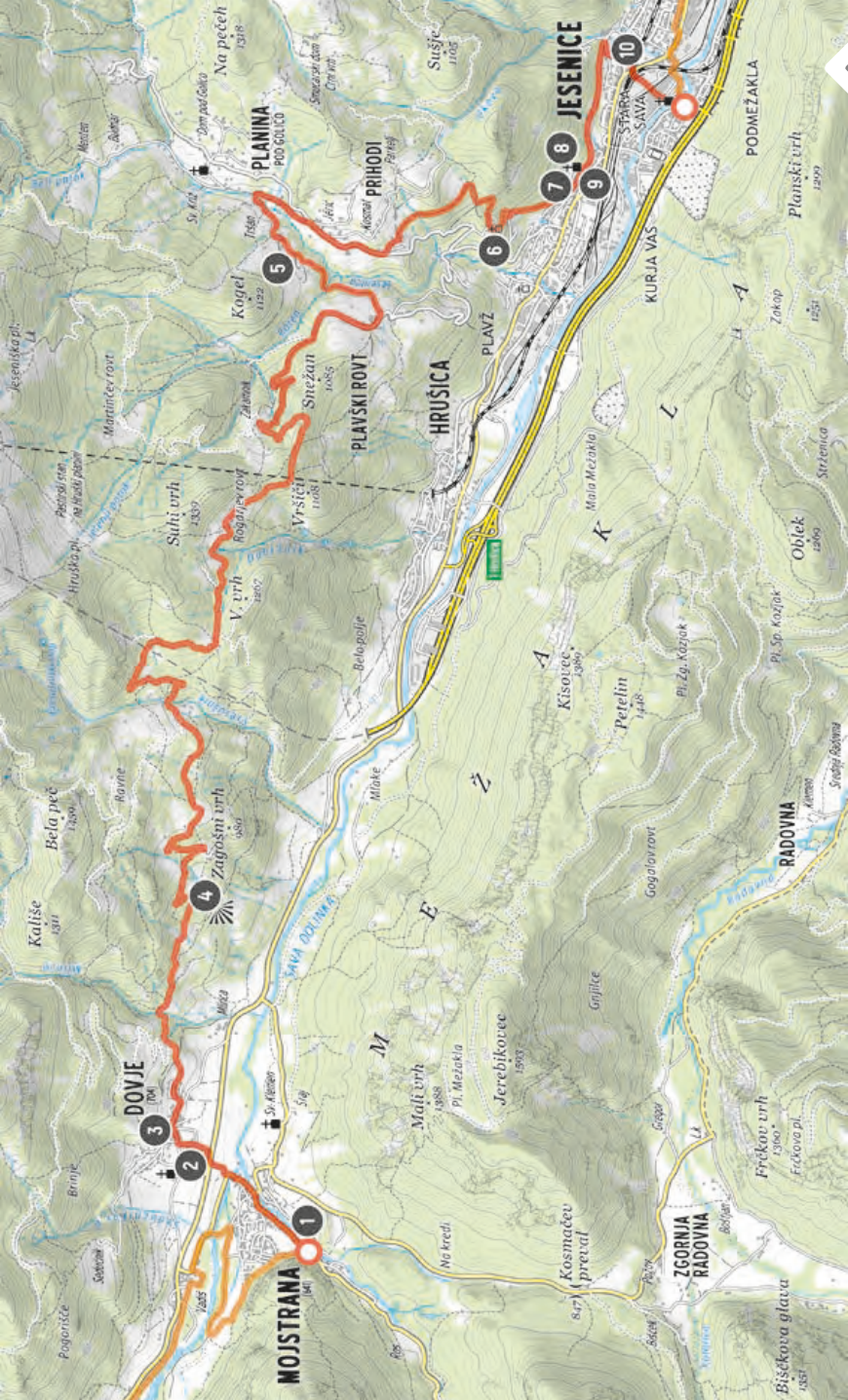
1. Slovenian Alpine Museum in Mojstrana
2. Monument dedicated to Jakob Aljaž in Dovje
3. Pr' Katr in Dovje – museum house
4. Vrata Valley and Triglav
5. Daffodils in Plavški and Jeseniški rovti
6. Ancient Mining Route above Jesenice – themed trail
7. Murova in Jesenice – an old part of Jesenice
8. Church of St Lenart in Jesenice
9. Kos Manor in Jesenice – museum ironworks manor
10. Čufarjev trg square in Jesenice

- **Information:** **TIC Kranjska Gora**, Kolodvorska ul. 1c, 4280 Kranjska Gora
t: +386 (0)4 5809 440 • **e:** info@kranjska-gora.eu • **www.kranjska-gora.si**
TIC Jesenice, Cesta maršala Tita 18, 4270 Jesenice • **t:** +386 (0)4 5863 178
e: info@turizem.jesenice.si • **www.turizem.jesenice.si**

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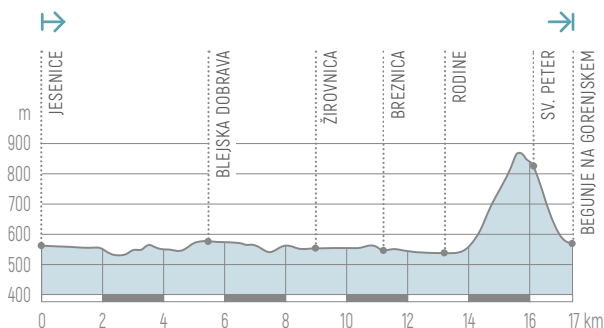
- **Juliana Trail on the internet:**

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JESENICE-SLOVENSKI JAVORNIK-LIPCE-MOSTE-ŽIROVNICA-BREZNICA-RODINE-SV. PETER-BEGUNJE

- ➞ Zgornjesavski muzej (museum), Stara Sava, Jesenice ⌚ 5 h
 ➞ Avsenik Restaurant, Begunje ↗ +464 m
 ↔ 17 km ↘ -459 m
 ⬆ Highest point: 867 m.a.s.l. (Sankaška koča mountain hut above Rodine) ⦿ Moderate



• Sights along the trail

1. Stara Sava in Jesenice – cultural monument of national importance
2. Iron industry in Jesenice in the past and the present
3. Church of St Stephen in Blejska Dobrava
4. Moste Hydro Power Plant dam
5. Žirovnica Cultural Heritage Trail
6. The beehive of Anton Janša, the father of modern bee-keeping
7. Church of St Klemen in Rodine
8. Church of St Peter near Begunje

• Information: **TIC Jesenice**, Cesta maršala Tita 18, 4270 Jesenice

t: +386 (0)4 5863 178 • e: info@turizem.jesenice.si • www.turizem.jesenice.si

TIC Žirovnica, Žirovnica 14, 4274 Žirovnica • t: +386 (0)4 5801 503

e: info@visitzirovnica.si • www.visitzirovnica.si

TIC Radovljica, Linhartov trg 9, 4240 Radovljica • t: +386 (0)4 5315 112

e: info@radolca.si • www.radolca.si

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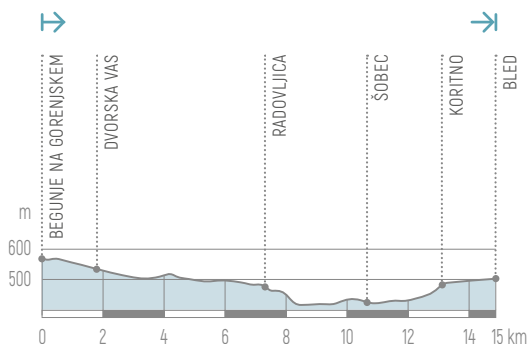
• Juliana Trail on the internet:

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BEGUNJE-DVORSKA VAS-ZGORNJI OTOK-RADOVLJICA-ŠOBEČ-KORITNO-BLED

- ➞ Avsenik Restaurant, Begunje
 ➞ Infocenter Triglavsko Roža Bled
 ↔ 15 km
 ⬆ Highest point: 578 m.a.s.l. (Begunje)

- ⌚ 4 h
 ↗ +98 m
 ↘ -182 m
 ○ Moderate



• Sights along the trail

1. Medieval Kamen Castle near Begunje
2. Katzenstein Castle and park featuring the works of architect Jože Plečnik
3. Avsenik Museum in Begunje
4. Drnča Renaissance Manor
5. Radovljica – old town centre
6. Culinary events "Okusi Radolce" (Taste Radovljica) and Chocolate Festival
7. Early Music Summer Festival in Radovljica
8. Prislunhimo reki Savi (Listening to the Sava River) Themed Trail
9. Confluence of Sava Dolinka and Sava Bohinjka Rivers
10. Šobec Wetland

- **Information:** **TIC Radovljica**, Linhartov trg 9, 4240 Radovljica
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Infocenter Triglavsko roža Bled, Ljubljanska cesta 27 4260 Bled
t: +386 (0)4 5780 205 • **e:** info@visitbled.si • **www.bled.si**

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BLED-GORJE-PLANINA JAVORNIK-GORELJEK NA POKLJUKI

➞ Infocenter Triglavsko roža Bled

➞ Goreljek na Pokljuki (Šport hotel)

↔ 20 km

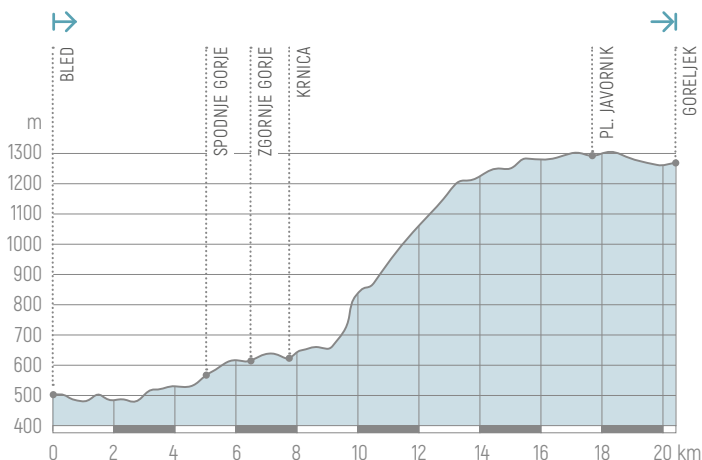
⬆ Highest point: 1,325 m.a.s.l. (Planina Javornik)

🕒 7 h

⬆ +900 m

⬆ -91 m

⊙ Difficult



• Sights along the trail

1. Bled Castle
2. Lake Bled, the island and Church of St Mary
3. Vintgar Gorge
4. Archaeological site »Poglejska cerkev« at Poljšica
5. St Nicholas' Trail – themed trail
6. Zgornje Gorje – village centre with the Church of St George
7. Pokljuka Gorge with "Pokljuška luknja" cave
8. Kranjska dolina pasture
9. The forests of Pokljuka
10. Javornik Pasture

• **Information:** Infocenter Triglavsko roža Bled, Ljubljanska cesta 27
4260 Bled • t: +386 (0)4 5780 205 • e: info@visitbled.si • www.bled.si

Turizem Bohinj, Stara Fužina 38, 4265 Bohinjsko jezero
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• **Juliana Trail on the internet:**

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GORELJEK NA POKLJUKI–GORJUŠE–KOPRIVNIK–JEREKA–ČEŠNJICA–SREDNJA VAS–STUDOR–STARA FUŽINA

➔ Goreljek na Pokljuki (Šport hotel)

➔ TNP Centre, Stara Fužina

↔ 20 km

⬆ Highest point: 1285 m.a.s.l. (Goreljek)

🕒 6 h

⬆ +313 m

⬆ -1038 m

🕒 Moderate



• Sights along the trail

1. Goreljek Peat Bog Study Trail
2. Spodnji Goreljek Pasture
3. Gorjuše – village with processed cultural landscape.
4. Koprivnik village with the Church of the Holy Cross
5. Vodnikov razglednik View Point in Koprivnik, Bohinj
6. The landscape of the Upper Bohinj Valley
7. Španova and Prežljeva kašča (old houses) in Srednja vas
8. Studor village with Oplen House and hayracks
9. Mostnica Gorge
10. Stara Fužina with the Alpine Dairy Farming Museum

• **Information:** **Turizem Bohinj**, Stara Fužina 38, 4265 Bohinjsko jezero

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TIC Bohinj, Ribčev Laz 48, 4265 Bohinjsko jezero

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• **Juliana Trail on the internet:**

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STARA FUŽINA–RIBČEV LAZ–LAŠKI ROVT–ŽLAN–DOBRAVA–BOHINJSKA BISTRICA

➡ TNP Centre, Stara Fužina

➡ Bohinjska Bistrica Railway Station

↔ 11 km

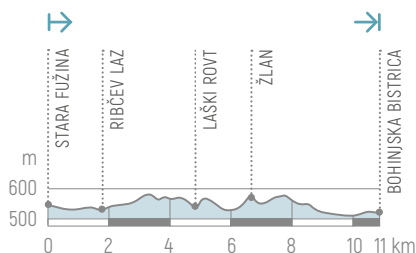
⬆ Highest point: 592 m.a.s.l. (Gosti les nad Ribčevim Lazom)

🕒 3 h

⬆ +104 m

⬆ -152 m

🕒 Easy



• Sights along the trail

1. Lake Bohinj
2. Church of St John
3. Monument in Ribčev Laz dedicated to the first climbers of Triglav mountain
4. Dobrava – processed cultural landscape
5. Bistrica River spring
6. Rebro – WWI military cemetery
7. Zois Park in Bohinjska Bistrica
8. Tomaž Godec Museum in Bohinjska Bistrica
9. Ajdovski gradec – archaeological site
10. The heritage of Bohinj railway construction

• **Information:** **Turizem Bohinj**, Stara Fužina 38, 4265 Bohinjsko jezero

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BOHINJSKA BISTRICA–NEMŠKI ROVT–SEDLO VRH BAČE–BAČA PRI PODBRDU–PODBRDO

➞ Bohinjska Bistrica Railway Station

➞ TIC Jakovkna hiša, Podbrdo

↔ 12 km

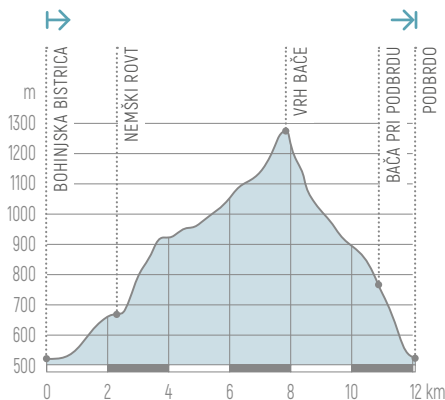
⬆ Highest point: 1,273 m.a.s.l. (Vrh Bače)

🕒 7 h

⬆ +770 m

⬇ -782 m

🕒 Difficult



• Sights along the trail

1. Nemški rovt village with the Church of St Ahac
2. Strme meadow pasture
3. Alpine flora on the Za Šavnikom pasture
4. Vrh Bače Pass – the stronghold of the Rapallo border
5. Mule track from Vrh Bače to Bača village – technological heritage
6. Bača village with the Church of St Lenart
7. Jakovnk House with museum exhibition in Podbrdo
8. Monument dedicated to tunnel builders in Podbrdo
9. Four Municipalities Mountain Marathon

• **Information:** **Turizem Bohinj**, Stara Fužina 38, 4265 Bohinjsko jezero

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TIC Tolmin, Petra Skalarja 4, 5220 Tolmin • **t:** +386 (0)5 3800 480

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• **Juliana Trail on the internet:**

www.julian-alps.com • www.outdooractive.com (search: Juliana Trail)



PODBRDO–KALARSKO BRDO–STRŽIŠČA–ZNOJILE–OBLOKE–KORITNICA–GRAHOVO

➞ TIC Jakovkna hiša, Podbrdo
 ➞ Gostišče Brišar Inn, Grahovo
 ↔ 18 km
 ⬆ Highest point: 998 m.a.s.l. (Kalarsko brdo)

⌚ 6 h
 ↗ +1009 m
 ↘ -1207 m
 ⚠ Difficult



• Sights along the trail

1. Baška grapa
2. Stržišča – a clustered village divided in two parts, the Church of St Oswald
3. Stržišča – processed steep meadows – cultural landscape
4. The story of the Tyrolean immigrants
5. Building heritage in Znojile settlement
6. Obloke village with the Three Kings Church
7. Thermophilic deciduous forests of Baška grapa
8. Themed trail featuring the first Slovenian film entitled *Na svoji zemlji* in Koritnica, Grahovo
9. Technological heritage of the Bohinj railway

• **Information:** **TIC Tolmin**, Petra Skalarja 4, 5220 Tolmin

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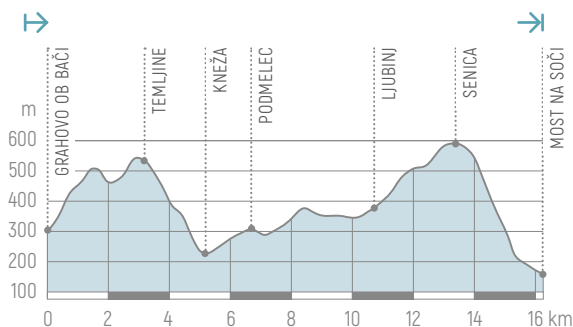
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• **Juliana Trail on the internet:**

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GRAHOVO–TEMLJINE–KNEŽA–PODMELEC–HUM–SENICA–
MOST NA SOČI

- ➞ Gostišče Brišar Inn, Grahovo
 ➞ Most na Soči, car park at the lake/Morea
 ↔ 16 km
 ⬆ Highest point: 599 m.a.s.l. (Below the peak of Senica)
- ⌚ 6 h
 ↗ +748 m
 ↘ -897 m
 ⦿ Moderate



• Sights along the trail

1. Ravence alpine farm
2. Temljine village
3. Church of St Mary in Podmelec
4. Sopota Waterfall
5. Senica View Point
6. Most na Soči – lake

• Information: TIC Tolmin, Petra Skalarja 4, 5220 Tolmin

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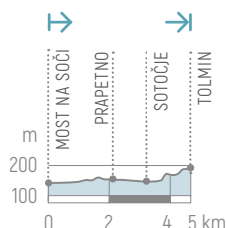
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MOST NA SOČI-MODREJ-TOLMIN

➔	Most na Soči, car park at the lake/Morea	🕒	1 h 30 min
➔	Rutarjev Trg Square, Tolmin	⬆	+108 m
↔	5 km	⬇	-72 m
⬆	Highest point: 201 m.a.s.l. (Tolmin)	🕒	Easy



• Sights along the trail

1. Confluence of Tolminka and Soča
2. German charnel house
3. Tolmin Museum
4. Tolminska korita (Tolmin Gorge)
5. Zadlaška or Dantejeva jama cave
6. Loče – WWI military cemetery
7. Tolmin cheese
8. Music festivals
9. Kozlov rob – castle remains

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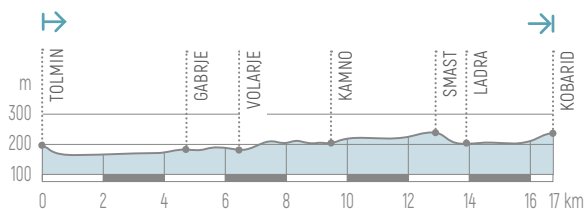
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TOLMIN-GABRJE-KAMNO-SMAST-KOBARID

- ➞ Rutarjev Trg Square, Tolmin
 ➞ TIC Kobarid
 ↔ 17 km
 ⬆ Highest point: 243 m.a.s.l. (Church of St Lovrenc)
- ⌚ 4 h
 ↗ +126 m
 ↘ -79 m
 ⦿ Moderate



• Sights along the trail

1. Gabrje – WWI military chapel
2. Grofova voda or Count's water and Sopotnica ravine
3. Stone walls in Kamno
4. St Lovrenc – grave of poet Simon Gregorčič
5. Planika Kobarid Cheese Making Museum
6. Italian charnel house at St Anton near Kobarid
7. Kobarid Historical Trail and the Tonocov grad Castle
8. Kobarid Museum

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• Juliana Trail on the internet:

www.julian-alps.com • www.outdooractive.com (search: Juliana Trail)



KOBARID-TRNOVO-LOG ČEZSOŠKI-ČEZSOČA-BOVEC

➔ TIC Kobarid

➔ TIC Bovec

↔ 21 km

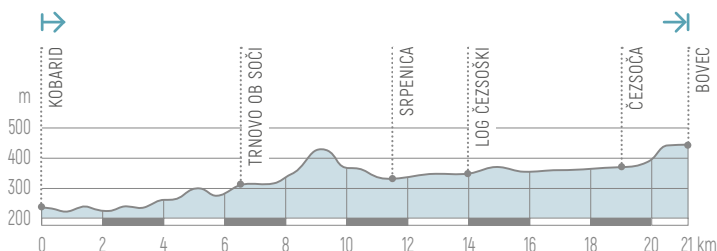
⬆ Highest point: 464 m.a.s.l. (Bovec)

🕒 6 h

⬆ +445 m

⬆ -231 m

🕒 Moderate



• Sights along the trail

1. Napoleon Bridge and Soča Gorge
2. Kozjak Waterfall
3. Soča Gorge in Kobarid, Otona river pool
4. Soča Gorge in Trnovo
5. Polovnik Mountain Ridge
6. Boka Waterfall
7. Soča with gravel beds
8. Square in Bovec

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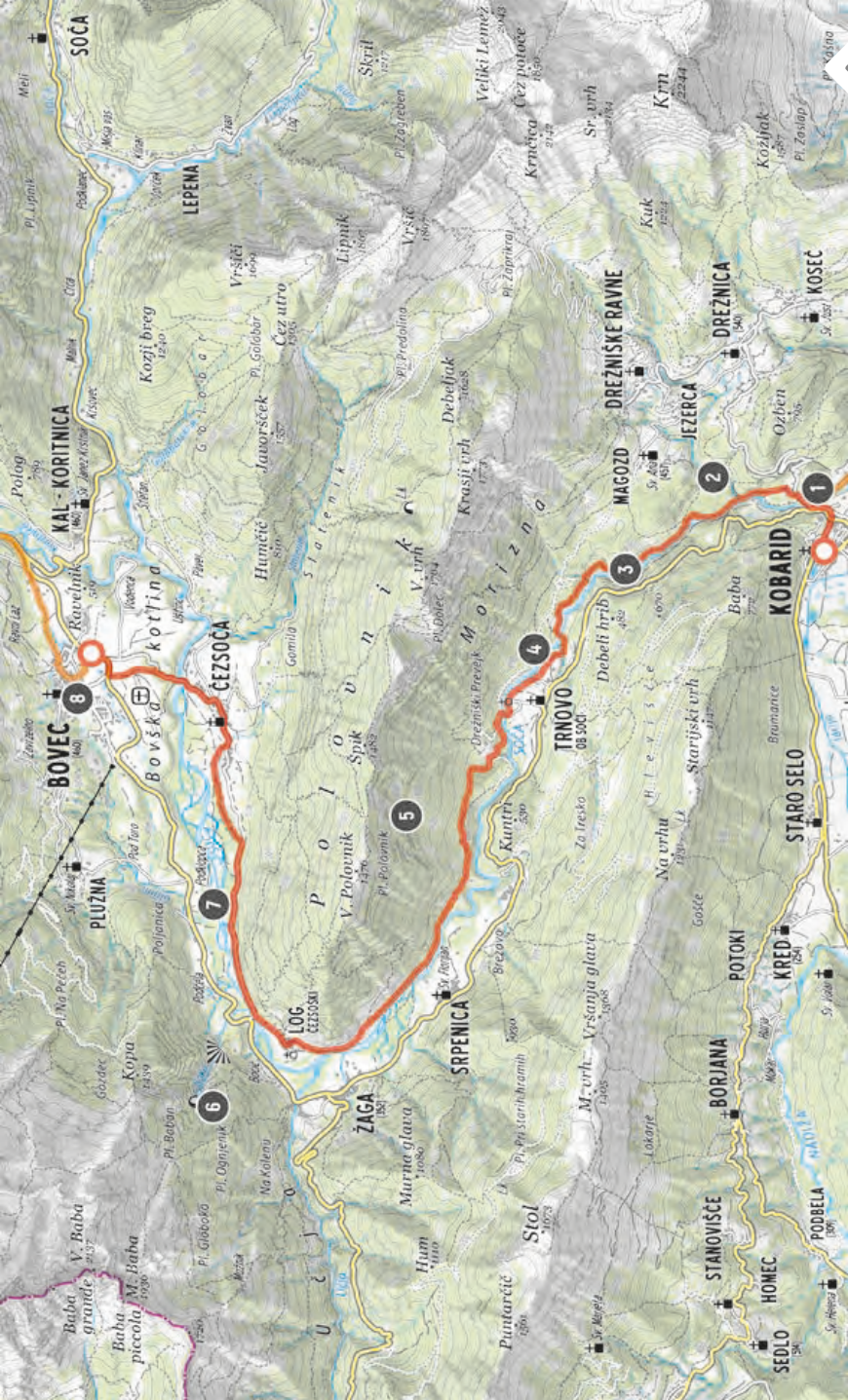
TIC Bovec, Trg golobarskih žrtev 22, 5230 Bovec • 📞: +386 (0)5 3029 647

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• Juliana Trail on the internet:

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BOVEC-KLUŽE-LOG POD MANGARTOM

➞ TIC Bovec

➞ Štoln – mine entrance, Log Pod Mangartom

↔ 12 km

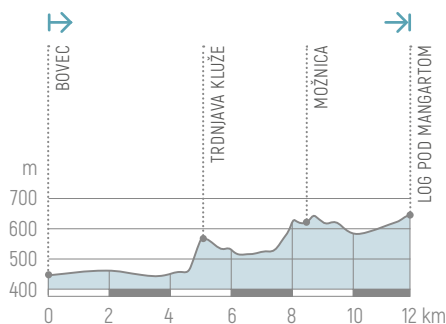
⬆ Highest point: 645 m.a.s.l. (Štoln, Log pod Mangartom)

🕒 4 h

⬆ +340 m

⬆ -151 m

🕒 Moderate



• Sights along the trail

1. Ravelnik – WWI outdoor museum
2. Walk of Peace
3. Kluže Fort
4. Koritnica Gorge
5. Nemčlja Gorge
6. Mala korita Koritnice Gorge
7. Slapovi Gorejce waterfalls
8. Štoln – mine entrance in Log pod Mangartom
9. Log pod Mangartom – WWI military cemetery and monument
10. Loška stena wall

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• **Juliana Trail on the internet:**

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LOG POD MANGARTOM–PREDEL–RAJBELJ/CAVE DEL PREDIL–TRBIŽ/TARVISIO

➡ Štoln – mine entrance, Log Pod Mangartom

➡ Trbiž/Tarvisio, centre

↔ 18 km

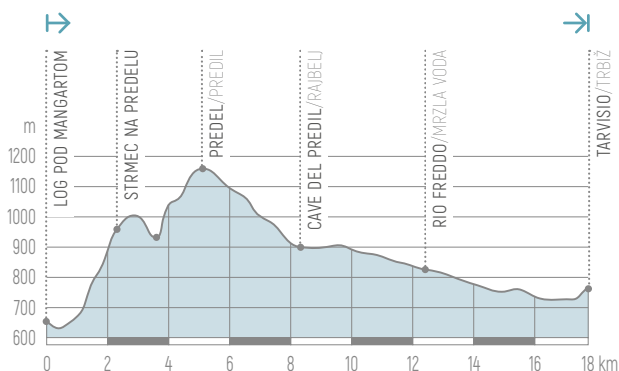
⬆ Highest point: 1.160 m.a.s.l. (Predel Pass)

🕒 6 h

⬆ +664 m

⬆ -557 m

🕒 Difficult



• Sights along the trail

1. Soteska Predelice gorge and waterfalls
2. Strmec village
3. Black pine forests
4. Zaročenca Waterfall
5. Pri Mlinču Viaduct
6. Predel Fort
7. Lago di Predil/Rajbeljsko jezero Lake
8. WWI Museum in Predil/Predel
9. Breccia sedimentary rock in Ziljica

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TRBIŽ/TARVISIO-FUŽINE/FUISINE-RATEČE-PODKOREN-KRANJSKA GORA

➔ Trbiž/Tarvisio, centre

➔ TIC Kranjska Gora

↔ 19 km

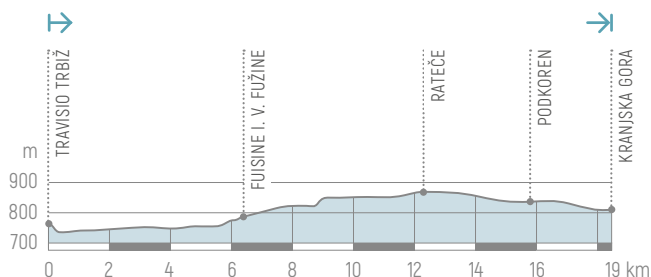
⬆ Highest point: 870 m.a.s.l. (Square in Rateče)

⌚ 5 h

⬆ +181 m

⬆ -129 m

⊙ Moderate



• Sights along the trail

1. Laghi di Fusine/Belopeška jezera Lakes
2. Ledine Wetland near Rateče
3. Rateče – village centre
4. Kajžnkova hiša museum in Rateče
5. Planica Nordic Centre with ski jumps
6. Zelenci Nature Reserve
7. Main square in Kranjska Gora
8. Jasna Lake
9. Shepherd Kekec, literary character
10. Peace Park in Kranjska Gora

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TO FIND, WALK, LEARN AND EXPLORE
the unknown diversity, to offer and use what is
unknown to others; this is a trail to which you are
invited and which can draw your attention back
to the originality and simplicity of life. This is a
trail of personal pilgrimage to oneself, to pristine
nature and its magical beauty, in the diversity of
landscape and in biodiversity.



BLAD ♦ BOHINJ ♦ BRDA ♦ SOČA VALLEY ♦ GORJE ♦
KRANJSKA GORA ♦ JESENICE ♦ RADOVLJICA ♦ ŽIROVNICA

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Publisher: Skupnost Julijskih Alp · **Editor:** Martin Šolar · **Text:** Martin Šolar, Marko Viduka · **Design management:** dr. Jana Vilman · **Graphic design:** Ivana Kadivec, Jaka Modic · **Translation:** Verbum · **Photo:** Mitja Sodja, Jošt Gantar, Janko Humar, Matevž Lenarčič, Tomo Jeseničnik, Aleš Zdešar, Martin Šolar, Alen Kosmač, Vid Ponikvar, Sportiva d.o.o., www.slovenia-info.si · **Maps, altitude profiles:** Kartografija d.o.o., Jaka Modic · **Print:** Tiskarna Medium, 2019